





## **Weston & Queensway Care Home**

Residents are cared for by a team of dedicated and qualified staff who pride themselves on providing quality care and support, treating residents with dignity and respect and all times.

Has RITA improved the management of falls?	We use RITA as a diversion and distraction tool for when residents show early signs of getting anxious or restless. If this wasn't used as an intervention, then the person may have gone on to wander and fall.
Has RITA improved mental health and stimulation after residents have returned from hospital?	During these COVID-19 times, residents need to isolate in their rooms when they return from hospital. This can prove challenging, especially when a resident is able bodied and not bed bound. RITA really comes in to play to help us manage those residents with dementia as we have a quick and easy tool to avert their need to leave their room.
Have incidences of challenging behaviours reduced since RITA was introduced?	We have residents who are prone to become anxious and 'hit out' at others in the home. Using RITA, we're able to quickly locate content that is meaningful to those residents and safely prevent escalated behaviour and potential panic to other residents.
Has RITA improved residents engaging in group work activity?	We have some residents who normally refuse to get involved with group work. However, since the introduction of RITA, we have observed these residents now being more willing to get involved and engage with the social activities that we're now offering. This is a massive improvement in social behaviour for these residents and also promotes the positivity of social interaction for their mental health and wellbeing.

