





## **Puttenhoe Residential Home**

Puttenhoe is a Care Home provider in Bedford. Puttenhoe care home and has 29 beds. Services offered by Puttenhoe are Care home with nursing, Care home without nursing, Homecare, Shared lives, Supported living services and more.

## How RITA has worked for us:

A reablement client, who arrived after a period spent in hospital, was required to undertake self-isolation under current care home COVID guidance. The home was concerned as she had had some recent falls prior to her hospital admission and was assessed as being at high risk of falls.

Additionally, due to the required self-isolation period, it was felt that boredom could further add to her falls risk and also increase the need for 15-minute observations from staff as well as additional staff time supporting her social and psychological needs. This would be to prevent low mood and lack of motivation, which would impact upon the progress of the reablement purpose of her admission.

Upon her admission, RITA was used with her daily and she chose activities of her choice. The Home Manager reported that her mood remained good and that she enjoyed using RITA, engaging and interacting well with RITA. We were happy to report that she had no falls during the isolation period.

