

## Limewood Care

Limewood is a dementia care home in Stafford, providing dementia care for every stage and every age.

The building has 59 en-suite bedrooms, and offers residential, nursing and respite care for people with dementia. The purpose-built home delivers a seamless service, from early diagnosis to end of life care. Relatives and residents benefit from the quality of care and expertise offered whilst experiencing familiar, safe and comfortable surroundings.

*“RITA has been a great tool here at limewood. It has provided fun for groups and individuals. We love to play bingo every Friday and a pub quiz every Tuesday. The relaxing music is used at times when peace and calm is needed. Sometimes a resident may want to watch something different to another and RITA has given our residents this option. The games are fun and easy to use...whack a mole is definitely a favourite here. We always have a giggle at the photo of Tom Jones on his album cover just before we belt out some karaoke. Thank you, we love our RITA”.*

<p>Has RITA improved residents engaging in group work activity, resulting in greater stimulation and confidence?</p>	<p>Extremely Effective! We have a pub quiz every Tuesday and bingo on a Friday, as a group. RITA triggers group conversations where we can all reminisce together to enjoy and relate each other’s memories. Small groups are able to watch films in areas where there’s no TV, thus allowing us to be flexible and adapting to our residents’ needs.</p>
<p>Has RITA helped to reduce safeguarding incidents?</p>	<p>Yes! If someone is watching a programme on the main TV that another person doesn’t want to watch...RITA allows us the option for something different to be played so it doesn’t cause conflict. This is also mirrored for music choices as well.</p>
<p>Has RITA helped to improve Mental Health and stimulation after residents have returned from hospital?</p>	<p>Extremely Effective! Relaxing music is often played if someone is poorly or is on an end-of-life pathway. RITA helps to entertain and retain mental stimulus if residents aren’t able to get out of their bedroom for extended periods of time.</p>
<p>Has engagement and interaction with family members and friends improved since using RITA by residents?</p>	<p>RITA opens up conversations between the residents, which they then share back with their relatives. It’s really pleasant to witness when residents are able to remember what topics of conversation they’ve been involved with. Their ability to retain the information and share that back with relatives is really positive and constructive.</p>

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