



Leonard Cheshire Disability



We are Leonard Cheshire and we provide support to people with disabilities to live, learn and work as independently as they choose whatever their ability.

We offer a variety of services including residential and supported living, therapy suites, youth centres, social activities as well as training and volunteer programs.

We believe in building a fairer, more inclusive society. One that recognises the positive contributions we all make.

What was the reason for using RITA?	It gives the residents choice on what activity they want to do and we can tailor the activities in a person-centred way by using the pal assessment.
What content did you use in RITA?	We have used in a group setting and 1:1. Movies, music, games, activities.
What was the outcome for using RITA?	Residents are happier and actually want to participate.

“THIS RITA IS FANTASTIC. IT DOES EVERYTHING. RESIDENTS ARE SO EXCITED TO BE USING THIS SYSTEM. THEY CAN ACHEIVE THINGS THEY NEVER DID BEFORE AND SUSTAINS A HEALTHY BRAIN AND BODY.”

Managers Feedback

Question	Answer
How often is RITA used?	Every other day When the activity coordinator is in
Has the RITA system in your opinion improved the mental health and wellbeing since the RITA system has been introduced?	Yes
Has the RITA system created a calmer environment and improved wellbeing?	Much better - Residents are enjoying all the activities. Even non-verbal residents are participating. Some particularly like the music and movie features and others enjoy the games. we are in the process of completing pals. Expanding residents mind being a new form of technology....exciting....
Have incidences of challenging behaviours reduced since RITA was introduced?	Yes, it provides focus away from some stagnant issues. Residents are becoming competitive with the games and activities. We also access YouTube for particular singing sites in Welsh and the residents join in.
Has RITA improved residents engaging in group work activity resulting in greater stimulation & confidence?	Extremely effective - Yes. Even residents who did not participate before have started to take an interest. Sing a long and games is fun
Has engagement and interaction with family members and friends improved since using RITA by residents?	Much better
Have incidences of falls decreased since the introduction of RITA?	Yes, It gives the residents a focus. One nonverbal resident has started to point at items she wants which she has not done before. also, she is trying to communicate with other residents and always laughing.
Has RITA system Improved mental health and stimulation after residents have returned from hospital/medical treatment and aided their recovery?	Extremely effective - Residents are more alert and more willing to participate in the activities.



“AMAZING SYSTEM. VERY EASY TO FOLLOW INSTRUCTIONS AND PERSON CENTRED.”